

BOOKS & VIDEOS

WHERE PARENTS CAN LEARN MORE



- ADHD—A Complete and Authoritative Guide** by the American Academy of Pediatric
- Making the System Work for Your Child with AD/HD** by Peter Jensen, M.D.
- The Motivation Breakthrough** -6 Secrets to Turning on the Tuned-Out Child
by Richard Lavoie
- Hyperactivity: Why Won't My Child Pay Attention?** Video and/or book
by Sam Goldstein, Ph.D. and Michael Goldstein, M.D.
- The AD/HD Book of Lists** (a practical guide for helping children and teens with Attention Deficit Disorders) by Sandra Rief
- The AD/HD Checklist** by Sandra Rief, M. A.
- Taking Charge of ADHD** by Russell A. Barkley, Ph.D.
- All About Attention Deficit Disorder** by Thomas W. Phelan, Ph.D.
- Driven by Distraction and Answers to Distraction** by Edward M. Hallowell, M.D. and John J. Ratey, M.D.
- 1-2-3 Magic** Video and/or book by Thomas W. Phelan, Ph.D.
- Teenagers with ADD - A Parents's Guide** by Chris A. Zeigler Dendy, M.S.
- Surviving Your Adolescents** by Thomas W. Phelan, Ph.D.
- The Tough Kid Book and The Tough Kid Tool Box** by Ginger Rhode, Ph.D., William R. Jenson, Ph.D., and Kenton Reavis, Ed.D.
- How to Help Your Child Succeed in School** (Video) by Sandra Rief, M. A.
- Study Strategies Made Easy** by Leslie Davis, M.Ed. and Sandi Sirotowitz, MEd with Harvey Parker, Ph.D.
- Overcoming Underachieving: An Action Guide To Helping Your Child Succeed at School** by Sam Goldstein, Ph.D. and Nancy Mather, Ph.D.
- Seven Steps to Homework Success** by Sam Goldstein, Ph.D. and Sydney S. Zentall, Ph.D.
- Understanding Girls with AD/HD** by Kathleen Nadeau, Ph.D., Ellen Littman, Ph.D., Patricia Quinn, M.D.
- Voices from Fatherhood** Fathers, Sons and AD/HD, by Patrick Kilcarr, Ph.D, Patricia Quinn, M.D.
- Attention Deficit Disorder and the Law** by Peter S. Latham, JD. and Patricia H. Latham, JD.
- ADDitude Magazine: additudemag.com; 1-888-762-8475**

TO PURCHASE THE ABOVE RESOURCES check the following:

- local book stores (some availability)
- ADD Warehouse at 1-800-ADD-WARE (800-233-9273) (Most are available)
- educational Resource Specialists at 1 -800- 682-3528 (Sandra Rief, M. A.'s books & videos only)
- Advantage Books at 1-888-238-8588 (Kathleen Nadeau's books)

WEBSITES FOR AD/HD:

- CHADD OF UTAH:** [http:// www.chaddofutah.com](http://www.chaddofutah.com)
- CHADD NATIONAL:** www.chadd.org
- National Resource Center on AD/HD:** www.help4adhd.org , 1-800-233-4050
- www.reedmartin.com (Reed Martin, Special Ed. Law attorney and advocate for educational rights)
- www.attention.com-- for free newsletter called Attention Research Update by David Rabiner, Ph.D
- ADD@about.com (information and link to other websites on AD/HD)
- www.samgoldstein.com – free monthly newsletter on AD/HD topics
- www.nichcy.org (National Information Center for Children and Youth with Disabilities)
- www.SchwabLearning.org – great information on learning disabilities and AD/HD
- www.ParentsMedGuide.org – 2007-- New downloadable “ADHD Parents Medication Guide” prepared by the American Academy of Child and Adolescent Psychiatry and American Psychiatric Association

WHERE CHILDREN & ADOLESCENTS CAN LEARN MORE ABOUT AD/HD



Putting on the Brakes and Activity Book

by Patricia Quinn, M.D. & Judith Stern (Ages 8 to 13 yr.)

Learning To Slow Down and Pay Attention

by Kathleen Nadeau, Ph.D. & Ellen Dixon, Ph.D (Ages 6 to 14)

Shelley, the Hyperactive Turtle

by Devorah Moss (Ages 3-7)

Eukee the Jumpy, Jumpy Elephant

by Cliff Cormjan, M.D. and Esther Trevino, M.F.C.C. (Ages 3-8)

Otto Learns About His Medicine

by Mathew Galvin, M.D. (Ages 5-10)

Eagle Eyes: A Child's View of Attention Deficit Disorder

by Jeanne Gehret, M.A. (Ages 5-12)

Distant Drums, Different Drummers: A Guide for Young People with ADHD

by Barbara Ingersoll, Ph.D. (Ages 8-14)

Adolescents and ADD

by Patricia O. Quinn, M.D.

Help 4 ADD at High School

by Kathleen Nadeau Ph.D (Ages 14-19)

Many Ways to Learn: Young People's Guide to Learning Disabilities

by Judith Stern, M.A. and Uzi Ben-Ami, Ph.D. (Ages 8-13)

Zipper, the Kid with ADHD

by Caroline Janover (Ages 8-13)

A Walk in the Rain with a Brain

by Edward M. Hallowell, M.D (Ages 3-10)

Lucky Horseshoes a tale from The Iris the Dragon Series (A children's book dealing with ADHD)

By Gayle Grass

CLASSES FOR CHILDREN & ADOLESCENTS

Jordan Family Education Center Call 565-7442 for listing of a variety of classes available and schedule. There are several excellent classes on Parenting Children with AD/HD.

From the Easel: Teacher Certification Training Resources

Graphic Organizers:



Go to www.edhelper.com for the 'Parent Homework Log'

List of Web Resources:



developmental behavioral pediatrics online

1. WWW.DBPEDS.ORG for Pediatrics: Developmental Milestones
 - a. July 2006 Policy Statement, Pediatrics Magazine, 2006
 - i. AAP recognizes the benefits of early detection and thus early intervention
 - ii. The Policy Statement embraces surveillance and screening



ParentsMedGuide.org
helping parents help their kids

2. AD/HD - Parents Medication Guide By AACAP & APA
www.parentsmedguide.org

3. **Attention** Research Updates
 - a. Go to WWW.HELP4ADHD.COM
 - a. provided by The National Resource Center on AD/HD (NRC), A program of CHADD
 - Reference: David Rabiner, PhD
 - Also check the 'research section'

...through membership with 'EASEL' through an online...

From the Easel: Teacher Certification Training Resources

4. Tom Brown's "Model of Executive Functioning" at:
www.drthomasebrown.com



DSM-IV: ADHD and Executive Function Impairments

Attention-deficit/hyperactivity disorder (ADHD) is a medical condition that first appears in childhood, affecting 6% to 8% of children. In more than 60% of cases, impairments of ADHD extend into adulthood as well. Since it was first described 100 years ago, conceptualization of ADHD has gradually shifted from focus on hyperactive and impulsive behaviors to recognition of cognitive impairments as the central and most persistent symptoms of the disorder. Current research suggests that ADHD is essentially a developmental impairment of the brain's executive functions—the management system of the brain's cognitive operations. This article reviews the phenomenology of currently recognized symptoms of ADHD and suggests that there is one important executive function impaired in ADHD that is not included in the Diagnostic and Statistical Manual of Mental Disorders, fourth edition (DSM-IV) criteria for the disorder: impairments in regulation of emotion. Thomas E. Brown, Ph.D. in Johns Hopkins University Advanced Studies in Medicine (2002) Vol. 2 (25): pp. 910-914.

Go to:
http://www.drthomasebrown.com/pdfs/ef_article.pdf
...to download a PDF of the full article!!!

A.D.D. WareHouse
The Leading Resource for the Understanding and Treatment of All Developmental Disorders, Including ADHD and Related Problems

5. WWW.ADDWarehouse.COM for books, DVD's and videos

Be more  **PBS**

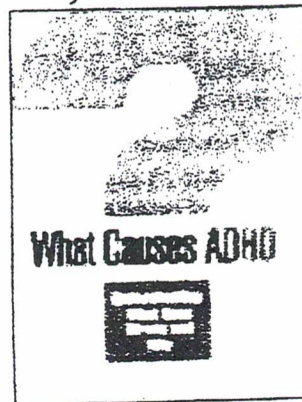
6. Experience AD/HD first hand at:
<http://www.pbs.org/wgbh/misunderstoodminds/attentiondiffs.html>
and look for the Auditory Distraction toward the middle of the page.
Feel free to search for AD/HD related topics at: WWW.PBS.ORG

7. Two videos on ADHD from:
A boy with AD/HD sings... Search or click:
a. Kinderen voor Kinderen song - ADHD
Or go to http://www.youtube.com/watch?v=_K-m-jLjmtQ
b. ADHD Kinder Osteopathie
Or go to <http://www.youtube.com/watch?v=ZpsgzeZ6O10>



List of Books:

8. What Causes AD/HD
by Joel Nigg

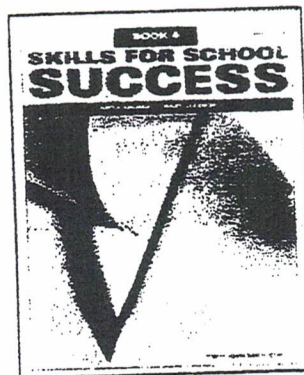


Book On **Amazon:**

9. Attention Deficit Hyperactivity Disorder: State of the Science - Best Practices by Peter S., Ed. Jensen (2002)

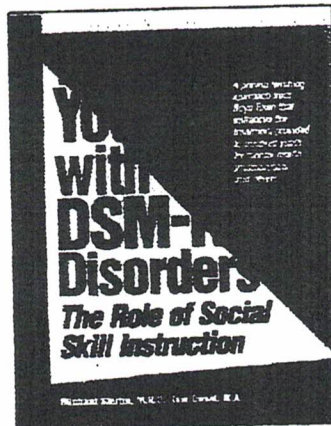
Book on **EBay:**

10. Skills for School Success
by Anita Archer
Publisher: Curriculum Associates Inc
ISBN # 0891879994 (1994)
ISBN # 9780891879992



- Available from Boys Town Press – www.ffbh.boystown.com
11. Treating Youth with DSM-IV Disorders – The Role of Social Skills
by Michael Sterba / Tom Dowd

Publisher: Boys Town Press
ISBN # 1889322296
ISBN # 9781889322292



From the Easel: Teacher Certification Training Resources

Available from Boys Town Press – www.fbbh.boystown.com

12. Teaching Social Skills to Youth:

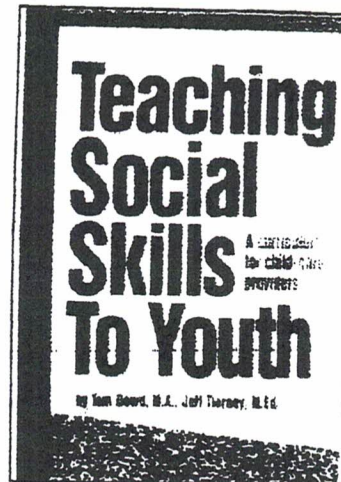
A Curriculum for Child-Care Providers

By Tom Dowd, Jeff Tierney

Publisher: Boys Town Press (April 1997)

ISBN # 0938510304

ISBN # 978-0938510307



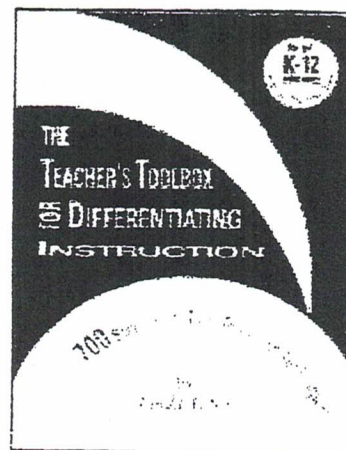
Available from www.lindatilton.com

13. The Teacher's Toolkit for Differentiating Instruction

By Linda Tilton

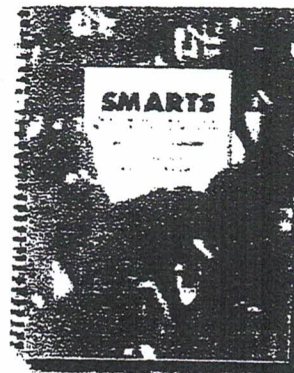
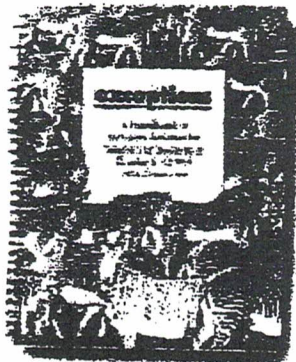
Publisher: Covington Cove

ISBN # 0965352978



Available from www.sopriswest.com

14. Exceptions Book: A Handbook of Inclusion Activities for Teachers of Students in Grades 6-12 With Mild Disabilities ; ISBN / UPC: 157035023X



15. Smarts Book: A Study Skills Resource Guide; ISBN / UPC: 1570350450

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CHADW does not endorse or represent products, services, publications, medications or treatments. Meetings are open to the public, although membership with CHADW is strongly encouraged, since your local group will receive a discount on dues to continue supporting your community.